



Pleomorphic Lipoma of Conjunctiva- A Rare Case Report

Authors

**Dr. Veera Venkata Satyanarayana Kunche¹, Dr. VVLN Rao²,
Dr. M.Rama Koteswaram Rao³**

¹MD, Asst. Professor, Govt. Regional Eye Hospital, Visakhapatnam

²Professor. Superintendent, Govt. Regional Eye Hospital, Visakhapatnam

³Clinical Pathologist, Chaitanya Medical Centre Visakhapatnam

Corresponding Author

Dr Veera Venkata Satyanarayana Kunche

C-208 Jeevan Visakha Apartments

MMTC Colony, Visakhapatnam, Andhra Pradesh 530 022 India

Email: drsatyakvv@gmail.com

ABSTRACT

We present a rare case of pleomorphic lipoma, a bilateral sub conjunctival mass. In 62 years male, clinical features and biopsy consists with Pleomorphic lipoma. The lesions were excised for symptoms and cosmetic reasons. Histopathology revealed pleomorphic & Floret pattern scattered multinucleated cells which confirmed the diagnosis of Pleomorphic lipoma. We described the surgical technique. Followed the case upto one year, there is no recurrence of the mass.

Key words: Acquired, palpebral, lipoma

CASE REPORT

A 62 years male, C/o mass in both eyes since 1 year, Slowly increasing in size with occasional redness, watering.

O/E: Yellowish white mass localized to temporal aspect of palpebral aperture, Soft, normal conjunctival luster, no abnormal blood vessels on surface. Non pulsatile. Ocular movements normal,

BCVA 6/6 OU. Ant Seg. Otherwise normal, IOP 16mm of Hg OD, 18 mm of Hg, OS, Both eyes fundus examination revealed normal appearance (Fig 1).

No abnormal lymph nodes, No H/o thyroid abnormality. No other abnormal subcutaneous swellings. Certain investigations are carried out. Hemogram is within normal limits. Ultrasound

B Scan Both eyes revealed localized mass confined to temporal aspect of the palpebral aperture, no extension in to orbit on both sides.

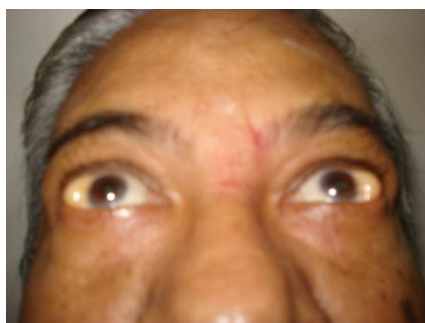


Fig 1

Surgical procedure: Under peribulbar anaesthesia, horizontal incision given on the mass, conjunctiva is undermined from the limbus upto the lateral canthus. The mass is dissected from its bed the sclera and excised completely. The conjunctiva is closed with 8,0 silk sutures. The mass is subjected to histopathological examination. Post operatively the case is tested with topical antibiotics. Sutures were removed on 8th post operative day. (Fig 2).



Fig 2

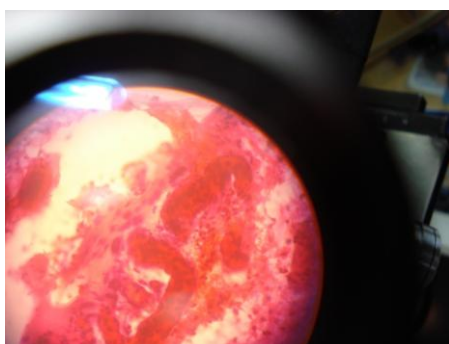


Fig 3

Histopathology: Revealed (Fig 3,4)

MICROSCOPIC APPEARANCE

Sections revealed soft tissue mass composed of adipocytes and spindle cells with an occasional cell shows hyperchromatic nuclei. Occasional giant cells with floret pattern of nuclei. No necrosis seen.

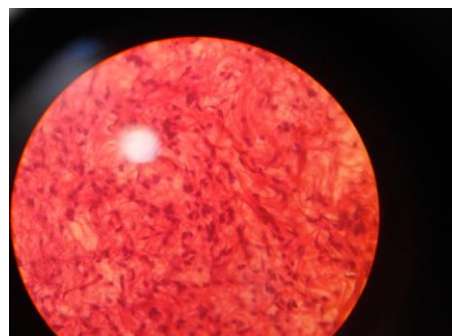


Fig 4

The case followed up periodically up to one and half years and there is no recurrence.

DISCUSSION

The pleomorphic lipoma is a variant of the lipoma, characterized by pleomorphic & scattered multinucleated cells. “Floret pattern” a wreath of nuclei around a deeply eosinophilic cytoplasm. Frequently arises beneath the conjunctiva and bilaterally in the superotemporal part of the eye.

Differential Diagnosis

- I. Subconjunctival herniated Orbital Fat: Prolapsed orbital fat through a congenital weakness in Tenon capsule, which progresses with aging
- II. Lachrymal gland tumors:
- III. Churg-Strauss syndrome (CSS, eosinophilic granulomatosis with polyangiitis) is an autoimmune vasculitis of small and medium vessels leading to fibrinoid necrosis. It can involve the

vasculature of a multitude of organs, including the lungs, nerves, kidneys, heart, and gastrointestinal system with Bilateral bulbar subconjunctival masses

Subconjunctival Masses Med J
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IV. Rosai-Dorfman Disease Manifesting as Relapsing Uveitis and Subconjunctival Masses

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